



TOUKLEY RSL SUB-BRANCH

Newsletter



NEW SUB BRANCH MEMBERS

Welcome to the following new Sub-Branch Members:

Service

Auxiliary

Denise Humphries

VALE

Lest We Forget



DATES FOR YOUR DIARY



**Sub Branch General Meetings are held on the first Monday of each month,
At 10.30am, upstairs in Club Toukley RSL, with the exception of January.
All Members are invited to attend.**

CCDC Meeting – hosted by Doyalson/Wyee	Monday 9 October 1.30 pm
Next Committee Meeting	Monday 16 October 10.30 am
Toukley RSL sub-Branch 75 th Anniversary Luncheon	Sunday 5 November 11.00 am to 4.00 pm
November General Meeting	Monday 6 November
Remembrance Day	Saturday 11 November 10.30 am
Wellness and Wellbeing sub-Branch Christmas Party	Sunday 17 December 11.00 am to 4.00 pm

Toukley RSL Sub Branch President's Report:



Another busy month for the Executive and Committee in September.

Warnervale Public School asked if we could provide the sub-Branch bus to take their Choir from Warnervale to Gorokan in the morning then return them in the afternoon. Allan Love volunteered to do this. Thanks to Allan for that. It was good to support the Warnervale Public School choir as they support us at our commemorative events.

Nine members and partners went to the Arthouse in Wyong for a matinee Rock N Roll concert and all enjoyed the music.

I was invited to join the group meeting Richard McCarthy OAM at the Doylo on Friday 15 October as he continued his walk from Brisbane to Bowral to raise awareness of his charity Honour Our Fallen. He arrived at about 12.30 pm after having walked from Swansea to Doyalson. 76 years old and as fit as a fiddle. It was good to talk to him about his charity and it's school program.

All the Executive have completed the compulsory online Conflict of Interest Course and Safety, Risk and Wellbeing Course. Now we can look forward to the Governance and Compliance Course.

Mike Humphries, Tiffany Kelly our Welfare Advocate and I attended an all day Welfare Seminar at Hexham. There were some good sessions on the day. The report into the current Royal Commission into Veterans Suicide I found very interesting. There have been upto now 1,456 submissions in Open Court with another 1,000 closed submissions where people talk only to the three Commissioners. The Commission moves to Sydney in October for three weeks before tabling its report early 2024.

A senior DVA staffer also delivered a session on the progress of claims through DVA. She said that as a result of a directive from the Royal Commission they had put on an additional 500 staff. She explained it will take time to train these new employees but is hopeful that in the near future the claims backlog will be reduced from the current figure of about 1,200 outstanding claims. There was also a session from the Seniors Rights Service. I have invited Jenny Samuels from the group to be a guest speaker at our December General Meeting. They provide advice to Seniors on a range of topics, including dealing with My Aged Care. This is a free service.

The next seminar which was attended by Judith Walker, Mick Humphries and I was put on by RSL NSW. This was a one day seminar hosted by Ivan Brisot the Sub-Branch Advisory Manager for RSL NSW. He is responsible for providing support and advice to 310 sub-Branches in the state. The course covered the duties of Office Bearers and Trustees and outlined all the work required for each sub-Branch to remain compliant. An interesting day that we all gained invaluable knowledge from. It was attended by Office Bearers from sub-Branches from all over the Coast.

Planning has continued for the Toukley RSL sub-Branch 75th Anniversary dinner on Sunday 5 November. This will be a formal 3 course lunch and entertainment provided by Brassick. Invitations to our Special Guests have been sent out and tickets will be available for \$20 member and guest on a Thursday. The cut-off date to purchase tickets will be 19th October to enable the planning of the event to proceed.

Mike Humphries and I have registered to attend the RSL NSW Annual Congress in Newcastle from 22 – 24 October. We will prepare a report to be presented to members at the November General Meeting.

Ian Collier
President

Keeping your Sub Branch Details Up to Date

If you have recently moved, or your details have changed, please let the Sub Branch Office know so that we can update your address and contact details.

This information is required so that we can send any correspondence to the correct address.

Also, if you know of a member who has moved, either to another area or to an Aged Care Facility, please notify the Sub Branch Office.



WANTED NEW MEMBERS

National Servicemen's Association Central Coast Sub-branch Toukley

Benefits- monthly meetings held 3rd Sunday every month except APRIL, DECEMBER and JANUARY, regular social luncheons for members, family and friends, BBQ's, Bus trips to places of interest.

Membership forms available from our Membership Officer Bobby Byrnes on 0400 352 811 or email robertbyrnes7@bigpond.com

Volunteers required for Vietnam Veterans Park at Gorokan.

The Vietnam Veterans Park which is on the left hand side of Wallarah Road just as you drive over the Toukley Bridge towards Gorokan is maintained by the Vietnam Vets group. The group would appreciate some assistance if anyone has a few hours to spare. They meet on a Wednesday at 9.30 every five weeks in winter and about every 2 weeks in growing season. If anyone has some spare time please contact John Fraher on 0408 092 230 or email at

jffcashman@hotmail.com.au.



Photo of the working group taken at Vietnam Veterans Park at Gorokan.

More volunteers welcome. Next working bee on Wednesday 4 October then every two weeks. Any assistance would be appreciated. Please see ad on previous page for more details.

Toukley RSL sub Branch Auxiliary

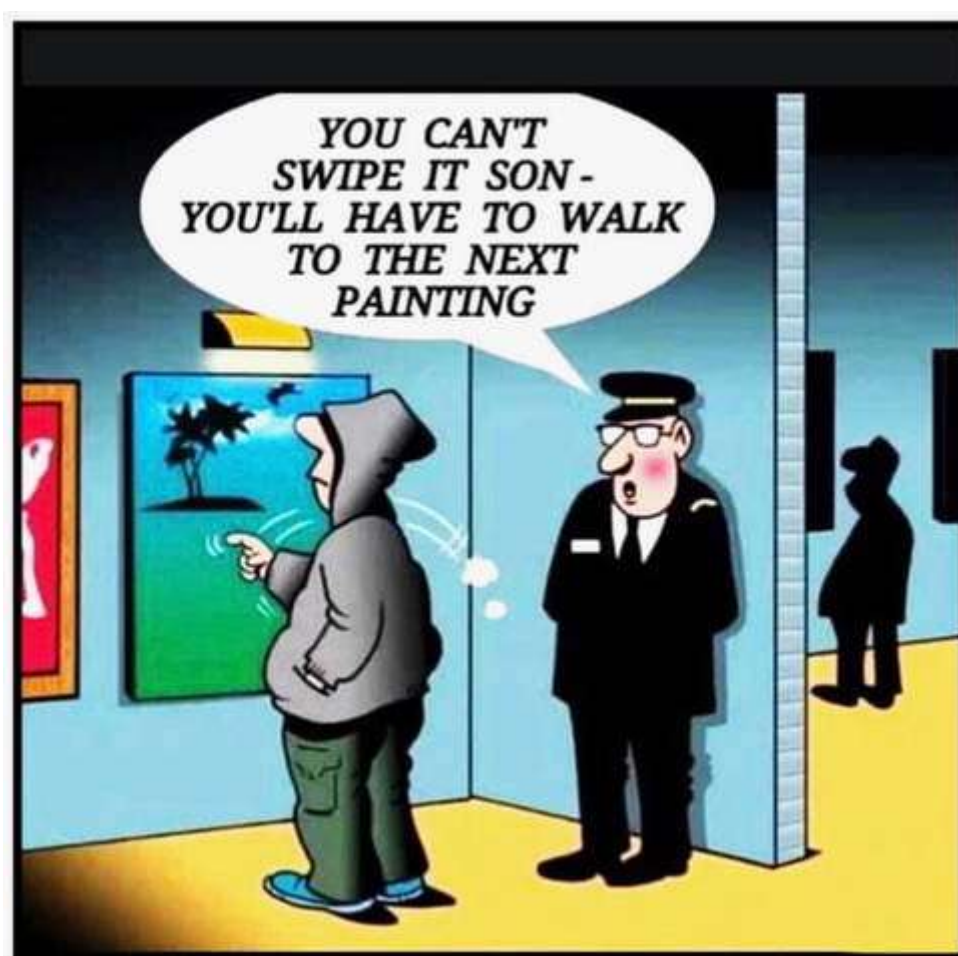
The RSL Auxiliary raises funds to support the charitable objects of the sub-Branch by selling tokens during the ANZAC and Poppy Appeals as well as other fundraising activities that arise throughout the year in the local community.

If you know of anyone who may be interested in joining the Auxiliary please have them call Jenny Leach on 0450 910 904.

Two of our Auxiliary members have been awarded the Certificate of Merit and Gold Badge by RSL National. It is the highest award that can be made by the League to a person, who is not a Service member, in recognition of outstanding honorary service rendered to the League, Ex-Service personnel or their dependants.

Congratulations to Jenny Leach and Sue Allen.

Jenny and Sue will be presented with the Certificate of Merit and Gold Badge by the NSW Governor at Government House in Sydney on Tuesday 17 October.



Puzzle Corner



Trivia

1. What is the state capital of New York ?
2. What is the only continent with land in all four hemispheres ?
3. In what capital would you find The Little Mermaid statue ?
4. On what continent would you find the city of Baku ?
5. What meat is used in a shepherd's pie?
6. What is a Beaujolais ?
7. Pink Ladies and Granny Smiths are types of what fruit ?
8. What is the world's best-selling stout beer ?
9. What is the capital of Canada ?
10. How many European capitals does the Danube flow through ?
11. What is the tallest type of tree ?
12. Where is Angel Falls, the world's largest waterfall ?
13. Which river flows through the Grand Canyon ?
14. How many ships were in the First Fleet ?
15. A Goon Bag is an Australian invention, what is it ?

I never thought orthopaedic shoes would really work for me, but I stand corrected.

Once upon a time there was a king who was only 12 inches tall. He was a terrible king, but he made a great ruler.

I wrote a book on how to fall down the stairs. It's a step-by-step guide.

My friend claims that he "accidentally" glued himself to his autobiography, but I don't believe him. But, that's his story and he's sticking to it.

"Doctor, my child swallowed a roll of film. What should I do?" "Let's wait and see if anything develops," he replied.

An armed man ran into a real estate agency and shouted, "Nobody move!"

Sub-Branch Bus Trip 29 September to Port Stephens

On Friday 29 September the Welfare & Wellness bus trip visited Port Stephens.

First stop was the Barramundi Farm (CookaBarra) .

Here we had a guided tour and introduction to sustainable food farming that combines Barramundi Fish production and hydroponic vegetables.

This fish farm provides 1000 kilo's of live and chilled fish to the local and Sydney markets per week. Each person had a chance to feed the fish and witness their voracious feeding habits. The fish here can grow up to 7 kg's in these tanks. There are 36 tanks each containing 10,000 litres of water.

Next we visited Nelson Bay Bowling Club for lunch, with it's extensive water views over Port Stephens. The meals were excellent and very pensioner friendly.

The last stop was Murrays Brewery and Winery where we sampled 4 different types of wine, 1 port and three types of beer.

A vote was taken on which was the most popular wine and a bottle was purchased to be the raffled Lucky Door prize.

The lucky door prize was won by Terry Murray.





Two photos above taken at Barramundi Fish farm



CENTRAL COAST VETERANS CENTRE Inc

ABN 90 141 703 076

President:

Les Jacobs JP

Secretary:

Cathy Every

Treasurer:

Graham Kerle JP



Address:

295/25MullowayRd

Chain Valley Bay

NSW 2259

Ph 02 43 968807

Ph 02 43 909041

Helping Veterans and Their Families

We are located at 203 Main Road, Toukley. We are available at Toukley on Tuesday morning from 08.00 till midday by appointment, and on Thursdays from 08.00 till midday for interviews and as a drop in coffee centre to meet others and relax.

We are available to assist serving and ex serving veterans and their families in their interaction with DVA as Advocates. We have available;

- Four Advocates to assist with claims advice and general advice on DVA requirements.
- Wellness officers to assist with,
 - Counselling
 - Mental health contacts
 - Seeking appointments with Medical Practitioners
 - Homelessness
 - Widow and widower rights and entitlements.

If you have worn the ADF uniform for more than one day, or are the family of such a person, you may have entitlements that you do not know about. Drop in and let us help you.

We look forward to meeting you.



75th Anniversary 1948 - 2023

Planning is continuing for the Toukley RSL sub-Branch 75th Anniversary dinner on Sunday 5 November. This will be a formal 3 course lunch and entertainment provided by Brassick. Invitations to our Special Guests have started to be sent out and tickets will be available for \$20 member and guest on a Thursday. The cut-off date to purchase tickets will be **19th October** to enable the planning of the event to proceed.

In Britain it is called a lift but Australians call it an elevator. I guess we are just raised differently.

97% of people are stupid. Glad I'm in the other 5%.

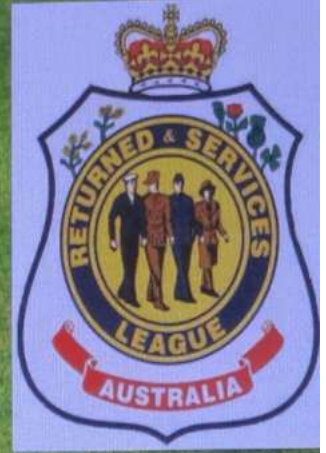
VETERANS FAMILY FUN DAY

SUNDAY 8TH OCTOBER 2023 10AM-3PM

BARE FOOT LAWN BOWLS

HOSTED BY THE ENTRANCE LONG JETTY RSL SUB BRANCH

ALL VETERANS AND THEIR FAMILIES ARE WELCOME



DIGGERS @ THE ENTRANCE

FREE ADMISSION

PRIZES TO BE WON

FREE SAUSAGE SIZZLE AND DRINK VOUCHERS

FOR BOOKING ENQUIRIES CONTACT AILICIA EMANUEL 4332-0144

BOOKINGS CLOSE 02/10/2023

SPONSORED BY THE DEPARTMENT OF VETERAN'S AFFAIRS

The flyer above has been distributed by The Entrance/Long Jetty RSL sub-Branch.

They have received funding from DVA to hold a Veterans Family Fun Day of Bare Foot Lawn Bowls on Sunday 8 October from 10.00 am to 3.00 pm.

This is a good opportunity to support another sub-Branch in our District and the chance to meet other Veterans. It is being promoted as a Family day.

I asked the surgeon if I could administer my own anaesthetic. He said, "Sure. Knock yourself out!"

I got into a fight today with 1, 3, 5, 7 and 9. The odds were really against me.

Welfare Report August 2023



TOUKLEY RSL SUB-BRANCH

WELLBEING/VISITATION OFFICERS' MONTHLY REPORT FOR THE SUB-BRANCH GENERAL SEPTEMBER 2023

OFFICER	NUMBER OF VETERANS/FAMILY VISITS	HOURS	KILOMETRES TRAVELLED	PHONE CALLS	TRAINING HOURS	FUNERALS Interments
Michael Humphries	5	18	42	4	10	0
Roy Norman	4	32	65	10	0	0
Tiffany Kelly	2	40	72	0	10	0
Chris Doyle	6	20	95	0	32	0
Ian Collier	0	10	150	0	10	
TOTALS	17	112	424	14	62	0

Emergencies	000
Open Arms	1800 011 046
Lifeline	13 11 44
Kids Helpline	1300 224 636



Puzzle Corner Answers



1. Albany
2. Africa
3. Copenhagen
4. Asia
5. Lamb
6. A type of red wine
7. Apples
8. Guinness
9. Ottawa
- 10.4
- 11.Redwoods
- 12.Venezuela
- 13.Colorado River
- 14.11
- 15.A wine cask



TOUKLEY RSL SUB BRANCH

Patron:	Karen McNamara
President:	Ian Collier
Vice President:	Mike Humphries
Secretary:	Judith Walker
Treasurer:	Terry Murray
Committee:	Chris Doyle Alan Thiele Tommy Hobbs Roy Norman Allan Love Bob Swift
Telephone:	4396.4855
FAX:	4396.9310 4396.8807
Pensions& Welfare: (Located at Diggers' Inn)	Roy Norman 0409 845 856
Trustees:	Milton Porter, Steve Edmunds, Max Thom
Newsletter Co-ordinator:	Ian Collier
Phone:	0412 265 623
Email:	president@toukleyrslsb.org.au ianpamcoll@aapt.net.au