



TOUKLEY RSL SUB-BRANCH

Newsletter



Australian War Memorial Canberra

Issue 97 – August 2024

NEW SUB BRANCH MEMBERS

Welcome to the following new Sub-Branch Members:

Service - Nil

Auxiliary

Joan Kennedy

Janice Cooper

Sub-Else- Nil

VALE

Alexander Mackie

Margaret/Mollie Whittle

Internment of Ashes - Nil

Lest We Forget



DATES FOR YOUR DIARY



**Sub Branch General Meetings are held on the first Monday of each month,
At 10.30am, upstairs in Club Toukley RSL, with the exception of January.
All Members are invited to attend.**

September General Meeting	Monday 2 nd September 10.30 am
Vietnam Veterans Day	Sunday 18 August 11.00 am

Toukley RSL Sub Branch President's Report:



Christine Sellers and I attended an End-of-Life seminar. The main things that we got out of the seminar was that we should all have a will, and a Power of Attorney in place that allows people that we have chosen to make financial and assets decisions on our behalf if we are deemed incapable of doing so. We were also advised to have an Enduring Guardianship which is like the Power of Attorney but the people we have chosen can make health related decisions on our behalf. The fourth recommendation was an Aged Care Directive which covers any health decisions you may want to make as you approach the end of your life. GMS Legal and Conveyancing on 4397 2233 are available if anyone wishes to have a discussion with them on any of the above matters. They have quoted \$199 for a Will – which apparently is well priced.

Mike Humphries and I went to Harris Scarfe at Bennett's Green to buy the gifts for the raffle at the Xmas in July party. The manager at the store has become a friend of the sub-Branch as he allows us the staff discount for our purchases which saves us about 12% off the total bill.

I would recommend this store to anyone to call in and have a look as there is a wide range of goods on display. As well as the products we are in the market for there is also clothing and footwear.

The Xmas in July party and Monster raffle was a good day again – I have only had positive feedback from the day. Margaret and Fred from Brassick Duo did their normal good job with the entertainment, the lunch was enjoyed by all and the serving and bar staff did a great job. The turn-up could have been better but we don't have much say in that. It is a good value day out with good company.

Three members of the Committee and I performed an RSL tribute service at the Funeral of one of our members Alexander Mackie at Palmdale. The family and friends were appreciative of the service.

The Committee has been invited once again to the matinee session of the Warnervale Primary School concert on 8 August. Judith Walker, Mike and Denise Humphries and I will represent the sub-Branch at the concert.

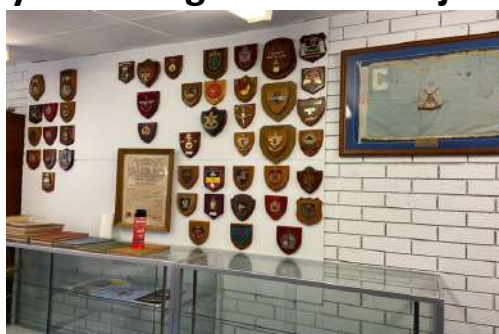
A reminder too of Vietnam Veterans Day on 18 August. We will be having a Commemorative Service at the Cenotaph at 11.00 am followed by a light lunch and refreshments at the Function Room at The Ary at the completion of the service.

There has been some water damage at Diggers Inn to one of the internal walls at the back of the building. Bob Swift investigated and it looks as though the damage has been caused when we had the rear wall sand-blasted a few years ago to remove mould from the wall. The sand-blasting has removed some of the mortar between the bricks. This wall faces south and get very little sunshine. Bob was able to get a quote from a specialist who provided a quote to repair all the mortar damage, coat the bricks with a water-repellent substance then apply two coats of paint.

**Ian Collier
President**

From the Secretary's Desk:

Judith and Roy have taken on the library and displays at Diggers. Judith has taken the task of the library and Roy the glass displays and plaques. The presentation is all taking time and they are doing an excellent job.



Judith has acquired 3 books which make excellent reading.

Book 1 – Author - Derek V Smith OAM's – “His account on the Vietnam War”

Book 2 – Author - Captain Bill Phillips – “The Miracle of Kokoda”

Book 3 – Author – Private John Towers – “The Tale of a Tojo Tourist”

Judith has these books and anyone who wishes to read them is most welcome to borrow them.

Keeping your Sub Branch Details Up to Date

If you have recently moved, or your details have changed, please let the Sub Branch Office know so that we can update your address and contact details.

This information is required so that we can send any correspondence to the correct address.

Also, if you know of a member who has moved, either to another area or to an Aged Care Facility, please notify the Sub Branch Office.



WANTED NEW MEMBERS National Servicemen's Association Central Coast Sub-branch Toukley - monthly meetings held 3rd Sunday every month except APRIL and JANUARY, regular social luncheons for members, family and friends, BBQ's, Bus trips to places of interest. Membership forms available from our Membership Officer Bobby Byrnes on 0400 352 811 or email robertbyrnes7@bigpond.com

Volunteers required for Vietnam Veterans Park at Gorokan. The Vietnam Veterans Park which is on the left hand side of Wallarah Road just as you drive over the Toukley Bridge towards Gorokan is maintained by the Vietnam Vets group. The group would appreciate some assistance if anyone has a few hours to spare. They meet at the park on a Wednesday at 9.30 every five weeks in winter and about every 2 weeks in growing season.

If anyone has some spare time please contact John Fraher on 0408 092 230 or email at jffcashman@hotmail.com.au or Mike Humphries on 0414693481 or email at mikehumphries@toukleyrslsb.org.au

Auxiliary Report

Management Report – Toukley Sub Branch Auxiliary Report

Two new members have joined the Auxiliary since the last report; Joan Kennedy and Janice Cooper. In total, there are now eleven active members of the Auxiliary, with the President of the Sub Branch chairing the Auxiliary meetings.

Phone calls were made with two War Widows, and support to Auxiliary members in general. From time to time, Auxiliary members are reminded about using Open Arms Counselling Service should the need arise.

Ian and Christine (Auxiliary Co-Ordinator) attended an inaugural introductory workshop on End of Life Planning. A Solicitor from GMS Legal gave a presentation on the legal considerations necessary for End of Life Planning:

- A legal Will
- Enduring Power of Attorney
- Enduring Guardianship – Relates to the person/s you want to make decisions about your health if you are unable (whilst you are still alive)
- Advance Care Directive – Remains in place whilst you are alive

One of the main points stated in the presentation was that you can feel secure by being prepared

Christine Sellers – Auxiliary Coordinator

Puzzle Corner



Trivia

1. In which Aussie town would you find the Big Potato?
2. What song did The Wiggles cover for Triple J's Hottest 100 in 2021?
3. Which Australian city has the largest Greek population outside of Athens?
4. Norman Stoddard Everage is the spouse of which famous Dame?
5. Which bank note is Mary Reibey featured on?
6. What's the name of the world's largest sand island, that is found in Australia?
7. Only two mammals on Earth lay eggs. Both are found in Australia. What are they?
8. In 2000, Cathy Freeman won a gold medal for which event?

TRUE OR FALSE

9. One in four Aussies were born overseas?
10. Akubra hats are made from kangaroo pelts?
11. Australia has active volcanoes?
12. Iconic Aussie movie, The Castle, is based on a true story?
13. The world's first feature-length film was shot in Melbourne?
14. The Great Barrier Reef has its own post office box?
15. Mungo National Park is Australia's oldest National Park?
16. The "Dingo Fence" is longer than the Great Wall of China?

CENTRAL COAST VETERANS CENTRE Inc

ABN 90 141 703 076

President:

Les Jacobs JP

Secretary:

Cathy Every

Treasurer:

Graham Kerle JP



Address:

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Chain Valley Bay

NSW 2259

Ph 02 43 968807

Ph 02 43 909041

Helping Veterans and Their Families

We are located at 203 Main Road, Toukley. We are available at Toukley on Tuesday morning from 08.00 till midday by appointment, and on Thursdays from 08.00 till midday for interviews and as a drop in coffee centre to meet others and relax.

We are available to assist serving and ex serving veterans and their families in their interaction with DVA as Advocates. We have available;

- Four Advocates to assist with claims advice and general advice on DVA requirements.
- Wellness officers to assist with,
 - Counselling
 - Mental health contacts
 - Seeking appointments with Medical Practitioners
 - Homelessness
 - Widow and widower rights and entitlements.

If you have worn the ADF uniform for more than one day, or are the family of such a person, you may have entitlements that you do not know about. Drop in and let us help you.

We look forward to meeting you.

Emergencies	000
Open Arms	1800 011 046
Lifeline	13 11 44
Kids Helpline	1300 224 636

Welfare Report July 2024 - TOUKLEY RSL SUB-BRANCH



OFFICER	NUMBER OF VETERANS/FAMILY VISITS	HOURS	KILOMETRES TRAVELLED	PHONE CALLS	TRAINING HOURS	FUNERALS Interments
Michael Humphries	3	5	15	5	0	2
Roy Norman	3	3	14	6	0	0
TOTALS	6	8	29	11	0	3 in total

Xmas in July Photos





The photographs above are examples of the great day, all the photographs are on the Toukley RSL Sub Branch web site for easy viewing and copying if needed.

Puzzle Corner Answers



1. Robertson, NSW
2. Tame Impala's Elephant
3. Melbourne
4. Dame Enda Everage
5. \$20
6. Fraser Island
7. The echidna and the platypus.
8. 400m

ANSWERS – (TRUE OR FALSE)

9. True
10. False. They are made from rabbit fur
11. False – only continent in the world without an active volcano.
12. False
13. True. In 1906, The Story of the Kelly Gang was the first multi-reel, feature length film ever produced.
14. True
15. False. Royal National Park in Sydney's South is. It also lays claim to being the second oldest National Park in the world, after Yellowstone National Park.
16. True

TOUKLEY RSL SUB BRANCH

Patron:	Karen McNamara
President:	Ian Collier
Vice President:	Mike Humphries
Secretary:	Judith Walker
Treasurer:	Terry Murray
Committee:	Allan Love Alan Thiele Bob Swift Roy Norman Robert Sellers Steve Edmunds
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Pensions & Welfare:	Roy Norman 0409 845 856
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